



March 30, 2023

Dear Families,

With the tragedy in Nashville, Tennessee last week, we are once again faced with witnessing the incredible pain of the families and friends of those who died due to an act of violence.

Acts of violence, particularly in schools, are scary for everyone but especially the children. They often have questions that adults struggle to answer. Here are a few resources that may be of help to you and your family as we continue to endure these senseless tragedies:

- [Talking to children about violence](#)
(National Association of School Psychologists)
- [How to talk to children about difficult news](#)
(American Psychological Association)
- [Helping Children with Tragic Events in the News](#)
(PBS Kids)

Mother Seton School has a safety and security plan devised in partnership with the Frederick County Sheriff's Office. Staff and faculty have received Civilian Response to Active Shooter Events (CRASE) training, designed and built on the Avoid Deny Defend™ strategy, facilitated by the Frederick County Sheriff's Office. Thanks to Homeland Security grants, we've been able to upgrade our safety and security measures, and we continue to assess any other enhancements we may require. One of the most important actions all of us can take is "see something, say something," and I encourage all of our members of the community to keep this in mind.

Below is a prayer from the Association of the Miraculous Medal. I encourage you to share this with your family:

Lord, we pray for those who have been devastated by recent tragedies. We remember those who have lost their lives so suddenly. We hold in our hearts the families forever changed by grief and loss. Bring them consolation and comfort. Surround them with our prayers for strength. Bless those who have survived and heal their memories of trauma and devastation. May they have the courage to face the days ahead. Help us to respond with generosity in prayer, in assistance, and in comfort to the best of our abilities. Keep our hearts focused on the needs of all the community. We ask this in Jesus' name. Amen.

Sincerely,

Kathleen J. Kilty, PhD
Principal